



Intent

What we expect the children to learn

- Through PSHE we aim to develop the knowledge, skills and attributes pupils need to form positive relationships, keep themselves healthy, safe and prepared for life and work.
- We hope to have a positive impact on both academic and non-academic outcomes for all pupils, particularly the most vulnerable and disadvantaged.
- Our curriculum promotes the spiritual, moral, social, cultural, mental and physical development of pupils. Underpinning this policy and our wider approach with pupils are the values of: Hope, Democracy, Justice, Responsibility, Freedom, Respect, Humility, Understanding, Perseverance and Equality.
- A key feature of our PSHE is that pupils learn how to access appropriate support safely in school and outside for themselves and to help others when needed. Children are made aware that they can do this through ongoing weekly class discussions, 'Kisafe' sessions, online safety lessons and access to the 'Ask It Basket' available in classrooms
- Through Relationships Education we aim to build the building blocks and characteristics of positive relationships, with an emphasis on friendships, families and relationships with other peers and adults.
- We want children to understand that positive relationships are built on mutual respect, trust and friendship and are free from prejudice and control.
- Through Health Education, we aim to give children the information they need to make good decisions about their own health and well-being, to recognise issues in themselves and others and know how to seek support at the earliest opportunity when issues arise.
- Developing and sustaining good physical and mental health is in keeping with our vision that children should feel 'proud' of who they are.
- The aim of Sex Education at Moorside is to equip children and young people with knowledge, skills, attitudes and values that will empower them to realise their health, well-being and dignity; develop respectful social and sexual relationships later in life; consider how their choices affect their own well-being and that of others; and understand and ensure the protection of their rights throughout their lives.

Implementation

How the subject will be taught

- Relationships Education is planned by the teachers using the PSHE Association's 'Programme Builders' tool.
- The Relationships part is split into three main areas for each year group and these are:
 - Families and Friendships
 - Safe Relationships
 - Respecting Ourselves and Others
- As well as the programme building tool, teachers also take into account the LSIP Health data for the Lancaster area, the health needs assessment survey, CPOMs data and also what the teachers know about aspects pertinent to each year group.
- The curriculum is taught through a range of teaching methods. Wherever possible, learning is through a theme or topic which has some meaning or context for the children. Methods may include: looking at examples, demonstration, posing a problem or dilemma, discussion, formulation of questions, recording or presenting information in different media.
- We prepare pupils for the experiences, opportunities and challenges of everyday life now and in the future by explicitly planning in some aspects of personal development in the experiences we provide. For example, challenging activities (caving) which mean that children have to dig deep and apply personal qualities and values such as perseverance. Whereas charitable work encourages children to empathise and understand the needs of others.
- We ensure learning starts from where pupils are by initial pre-teaching activities and discussions. We build on pupils' prior learning by recording the learning experiences explored by each cohort and by using these as the basis the next time a topic is encountered.
- We ensure that sessions, including those on risky behaviours, remain positive in tone by reminding the children to contribute in line with the Class Charter and that support is available should they need it.
- We plan and evidence cross-curricular learning by referring to the whole school curriculum plan, which shows coverage for all subjects and the links between them.
- PSHE and Health Education have dedicated timetabled slots and aspects of it are covered as part of whole approach to learning, but also through other opportunities which arise in related subjects e.g. Science and P.E.
- Health Education is split into three main areas for each year group and these are:
 - Physical Health and Mental Wellbeing
 - Growing and Changing
 - Keeping Safe.
- Each term we communicate with all our parents about what children are learning across the curriculum. When a year group is about to cover lessons which fall within our definition of sex education, we write and inform the parents and the learning resources are made available. Teaching of this content takes place in Year 6 and is set within a topic which looks at other aspects of the human body, so that the children have a context for the learning.

Impact

What children know and remember (and how we know)

- We assess pupils' learning through observation and discussion to establish their baseline and their endpoint to show individual progress.
- For older pupils, written work may also be produced and used to inform judgements. This is evidenced by the opinions, knowledge or attitudes children display at the start of areas of work, along with how these develop by the end of the work.
- As Health Education also appears in many other areas of the curriculum, it may be assessed in accordance with the specific curriculum area, e.g., PE.
- The formal planned curriculum is one significant way that Moorside provides PSHE Education. In addition to that, other aspects of school life contribute to the development of children at Moorside:
 - School Council and associated Class Councils which act as a sounding board and form part of the decision-making process in school.
 - An extensive range of extra-curricular clubs allow children to develop their interests and talents further.
 - Children are encouraged to take part in charity events and make suggestions for future events.
 - Moorside runs a wide range of educational visits. Children learn from both the planned and informal aspects of these e.g. travel and being away from home.
 - Performing in shows and concerts allow children to develop their talents as well as providing an opportunity to challenge themselves.

- Assemblies.
- Incidental teaching opportunities that may arise throughout the school day.