

PSHE Education Overview: Consultation Version March 2021

Year 1

Autumn: Relationships				Spring: Living in the Wider World				Summer: Health and Well-being			
Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-underwear-rule-resources https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/curriculum-and-resources/resources/dental-health-%E2%80%94-teacher-guidance-lesson-plans-and https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online	https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/curriculum-and-resources/resources/dental-health-%E2%80%94-teacher-guidance-lesson-plans-and https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme

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											health-directorate-relationships-and
Year 2											
Autumn: Relationships				Spring: Living in the Wider World				Summer: Health and Well-being			
Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-underwear-rule-resources https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme	Belonging to a group; roles and responsibilities ; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	https://www.pshe-association.org.uk/curriculum-and-resources/resources/inclusion-belonging-addressing-extremism-%E2%80%94-ks1-2 https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme https://www.valuemoneyandme.co.uk/teachers	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies	https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/content/drug-and-alcohol-education https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships

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Year 3											
Autumn: Relationships				Spring: Living in the Wider World				Summer: Health and Well-being			
What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	https://www.pshe-association.org.uk/curriculum-and-resources/resources/adoptables-schools-toolkit-coram-life-education https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/curriculum-and-resources/resources/creating-dementia-friendly-generation-alzheimer%E2%80%99s	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	https://www.pshe-association.org.uk/curriculum-and-resources/resources/google-and-parent-zone-ks2-internet-safety https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievement; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places	https://www.pshe-association.org.uk/curriculum-and-resources/resources/mental-health-and-emotional-wellbeing-powerpoint https://www.pshe-association.org.uk/curriculum-and-resources/resources/premier-league-primary-stars https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/content/drug-and-alcohol-education

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Year 4											
Autumn: Relationships				Spring: Living in the Wider World				Summer: Health and Well-being			
Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-share-aware-resources https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/curriculum-and-resources/resources/google-and-parent-zone-ks2-internet-safety https://www.pshe-association.org.uk/curriculum-and-resources/resources/premier-league-primary-stars	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	https://www.pshe-association.org.uk/curriculum-and-resources/resources/inclusion-addressing-extremism-%E2%80%94-ks1-2 https://www.pshe-association.org.uk/curriculum-and-resources/resources/moving-home-ks2-lesson-plan	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life	https://www.pshe-association.org.uk/curriculum-and-resources/resources/1decision-primary-pshe-education-programme https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships-and https://www.pshe-association.org.uk/curriculum-and-resources/resources/betty-its-perfectly-natural-0 https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships

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Year 5

Autumn: Relationships				Spring: Living in the Wider World				Summer: Health and Well-being			
Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	https://www.pshe-association.org.uk/curriculum-and-resources/resources/premier-league-primary-stars https://www.pshe-association.org.uk/curriculum-and-resources/resources/growing-yasmine-tom-%E2%80%94-ks1-2-relationships https://www.pshe-association.org.uk/curriculum-and-resources/resources/premier-league-primary-stars	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	https://www.pshe-association.org.uk/curriculum-and-resources/resources/team-margot-giving-help-others-resources-blood https://www.pshe-association.org.uk/curriculum-and-resources/resources/city-london-police-cyber-detectives-lesson-plans https://www.pshe-association.org.uk/curriculum-and-resources/resources/loud-network-ks2-lessons-%E2%80%98job-skills-influences	Healthy sleep habits; sun safety; medicines, vaccinations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first aid	https://www.pshe-association.org.uk/curriculum-and-resources/resources/premier-league-primary-stars https://www.pshe-association.org.uk/curriculum-and-resources/resources/ife-live-it-primary-school-resources-red-cross

Year 6

Attraction to others; relationships; civil	Recognising and managing pressure; consent in	Expressing opinions and respecting other points of	https://www.pshe-association.org.uk/curriculum-and-resources/resources/	Valuing diversity; challenging discrimination	Evaluating media sources;	Influences and attitudes to money; money	https://www.pshe-association.org.uk/curriculum-and-resources/resources/bbfc-ks2-lessons-	What affects mental health and ways to take care of	Human reproduction and birth; increasing	Keeping personal information safe;	https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-
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partnership and marriage	different situations	view, including discussing topical issues	es/medway-public-health-directorate-relationships-and https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-share-aware-resources	and stereotypes	sharing things online	and financial risks	E2%80%98let%E2%80%99s-watch-film-making-choices https://www.pshe-association.org.uk/curriculum-and-resources/resources/trust-me-childnet	it; managing change, loss and bereavement ; managing time online	independence; managing transition	regulations and choices; drug use and the law; drug use and the media	E2%80%98making-sense-relationships%E2%80%99-lesson-plans https://www.pshe-association.org.uk/curriculum-and-resources/resources/ri-se-above-schools-teaching-resources https://www.pshe-association.org.uk/curriculum-and-resources/newswise-news-literacy-project-and-resources
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